Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 30 Mar 2023 until 23:59 on Friday 31 Mar 2023

Forecast Issued on Thursday 30 Mar 2023 at 02:34 by Met Office Aberdeen

Confidence: High for Thursday. Low for extent of any showers and low cloud on Friday and over the weekend. High for dry and brighter weather on Monday.

Headline for Thursday 30 Mar 2023: Bright with a few afternoon and evening showers

Mountain weather hazards on Thursday 30 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Sunny intervals	Sunny intervals	Light rain showers	Light rain showers	Partly cloudy (night)
Precipitation probability					
10%	10%	20%	40%	30%	10%

Forecast for Thursday 30 Mar 2023

Weather: Clear or sunny periods through the day. Mostly dry this morning. A few showers will develop through the afternoon, briefly heavy in places, dying out this evening.

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Areas of low cloud around 300 to 500 metres on southern facing slopes across Skye and Lochaber at first, this gradually lifting through the morning. Otherwise patches of cloud around 850 metres as showers pass by with very good visibility outwith cloud and showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 30 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	24/28 SW	23/29 SW	20/25 SW	19/25 S	17/22 S	14/18 SE	11/14 SE
900	23/28 SW	23/28 SW	19/25 SW	19/25 S	17/21 S	14/18 SE	11/14 SE
600	16/21 SW	17/23 SW	15/21 SW	15/21 S	11/16 S	9/13 SE	9/12 SE
300	4/21 SW	7/21 SW	6/19 SW	6/19 S	3/13 S	2/11 SE	4/10 E
Glen	7/17 S	10/19 S	9/17 SW	9/17 S	5/11 SE	4/7 SE	7/10 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-4	2/-4	3/-3	4/-1	3/-2	2/-3	2/-2
900	3/-3	3/-3	4/-1	5/-0	4/-0	3/-2	3/-1
600	5/1	5/1	6/2	7/3	6/3	5/2	5/2
300	7/5	8/6	9/8	10/9	9/8	7/6	6/4
Glen	8/7	10/8	12/10	12/11	11/10	10/9	8/6
Freezing Level*	1300m	1300m	1300m	1400m	1400m	1400m	1300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note cold temperatures at height.

Forecast for Friday 31 Mar 2023
Weather: Most of the day will be dry, chance of an afternoon shower developing in the south of the area. Increasing amounts of cloud will bring drizzle to Caithness, Sutherland and Easter Ross through the afternoon and evening.

Maximum wind: Easterly average speeds of 20 mph with gusts to 30 mph on the summits

Chance of cloud-free hill tops above 800m: 60%, best chance in the southwest of the area

Low cloud and visibility: Areas of low cloud down to 300 metres across the northeast of the area in the morning, this becoming more extensive in the afternoon and evening. Elsewhere mostly clear summits with good visibility for much of the day.

Temperature: **Glens:** Zero rising to 12 Celsius
At 800m: Plus 5 Celsius
Freezing level: Above summits

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